

One: Lift up your hearts.
All: We lift them up to the Lord.
 One: Let us give thanks to the Lord our God.
All: It is right to give our thanks and praise
 One: ... Therefore we join our voices with all the saints and angels and the whole creation to proclaim the glory of your name.
All: Dying, you destroyed our death; Rising, you restored our life. Lord Jesus, come in glory. #582
 One: ... Yet you raised him out of the tomb. He triumphed over death so that we too may live.
All: Dying, you destroyed our death; Rising, you restored our life. Lord Jesus, come in glory. #582
 One: ... Grant that, being joined together in Christ Jesus, we may become united in faith and in all things become mature in the one who is our head.
All: Amen. #588

WORDS OF INSTITUTION

THE BREAKING OF THE BREAD

One: The gifts of God for the people of God.
All: Let us keep the feast.

PRAYER AFTER COMMUNION

*. . . **and to Be Sent in God’s Name***

***CLOSING HYMN** “Blest Be the Tie that Binds” **#438**
***BENEDICTION**
 One: Alleluia
All: Alleluia! Amen!
***RESPONSE TO THE BENEDICTION** “Go with God”
 Lt. Blue Songbook #138

Singing: Go with God. Go with God.
 As you leave this place, go with God.
 God will direct your way, God will light ev’ry day.
 As you leave this place, go with God.

POSTLUDE

The Upper Room

“God’s Healing Music”

Sunday, September 6, 2026

Read Psalm 30: 4-12

“Sing praises to the LORD, O you his faithful ones, and give thanks to his holy name.”

---Psalm 30:4 (NRSVUE)

Worries raced inside my mind, and though I wanted to pray, I was unsure of what to say. I decided to search for music to relax my mind and help me meditate on God’s healing love.
 As I listened to various kinds of music over the next few days, I felt calmer. Classical instrumental pieces allowed me to breathe and wait on God, who is more powerful than the problems we endure. The traditional hymns I had heard as a child grounded me and reminded me of my hopes and dreams. Praise songs lifted my spirits and helped me feel closer to God. Listening to and reading lyrics about standing strong in faith, trusting in God, and being thankful for Jesus’ sacrifice became a life-changing form of prayer for me. Music helped me to focus on God’s promises and renew my relationship with God during a challenging time.

The psalms reveal the hope and comfort David found in writing songs and playing music, and even now – thousands of years later – music has the power to engage and transform people and connect us to our Creator. I am grateful that God has given musicians and writers the gift to change lives through music by leading people to Christ.

Prayer: “Healing Father, thank you for the gift of music. Bless the musicians and lyricists who draw us closer to you.” Amen.
--Cindy Lee (England, United Kingdom)

Thought for the Day:

“Music can draw me closer to God.”

(If you would like to read **The Upper Room** each day, you may pick up a copy in the narthex.)

First Presbyterian Church

“Proclaiming God’s word and Sharing God’s love”



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